

Eastern Locality Local Care Partnership
A Good Place: working together to improve
health and wellbeing and tackle health inequalities



Conference Report



26 November 2021

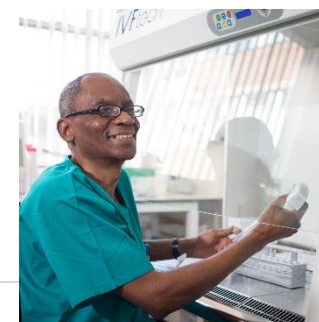


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Eastern Locality Local Care Partnership

‘A Good Place’ Conference Report

Background

It has been recognised for some time that health and care services need to be organised in a way that better enables partners to join forces to plan and provide around citizens’ needs as locally as possible. This can only be achieved if there is a shift in emphasis from our current hospital-based model of care to a new approach that comes from the bottom up and that is genuinely working for people and not the other way round. We know the NHS and local authorities need to give greater priority to the prevention of ill health by working with partners to tackle both the wider determinants of health and wellbeing and the persistent and unacceptable health inequalities that remain rooted in the county. By establishing Integrated Care Systems across the country the aim is to improve health, develop better and more seamless services and ensure public resources are used where they can have the greatest impact.

The Integrated Care System for Devon (ICSD) is a partnership of health and social care organisations working together with local communities across Devon, Plymouth and Torbay to improve people’s health, wellbeing and care. It is expected that this will be in place by April 2022 and five local care partnerships (LCP) have been established covering specific sub-regions in Devon. These place-based partnerships will continue to evolve over the coming months and years progressively deepening relationship between the NHS and local authorities, including on health improvement and wellbeing. The LCPs will be the mechanisms to:

- Ensure that decisions about health and care will be taken closer to the communities they affect
- Enable collaboration between partners in a place across health, care services, public health, and the voluntary sector
- Promote collaboration between providers

The Eastern Locality Local Care Partnership

The Eastern Locality LCP covers a large area in Devon ranging from Axminster to Okehampton and includes Exeter, with a total population of around 400,000 people. Our geography presents some unique challenges not faced by other local care partnerships; the ELLCP is working within a part of Devon that includes a major urban centre (Exeter), coastal and market towns and a rural hinterland. As well as covering a number of different local authority areas, the evolution of the voluntary sector in the area also varies from place to place.

The LCP focuses on “place”: an area bigger than that of a market town and surroundings and at a level below that of the entire county. It is important to emphasise that “place” level focuses on what the partners seek to achieve across the Eastern locality geography which has a population of around 400,000 people. In this regard, it is important to consider that, within the principles of

subsidiarity and how value can be added, what is applicable at each level:

- Parish
- Neighbourhood/market/coastal town/Primary care network
- Local Care Partnership
- Integrated Care System

By working together at place level – building on the work that is already being done at a more local level - there is a real opportunity to enhance the health and wellbeing of the population, prevent ill health and tackle the persistent health inequalities that exist within our area. To this end, partners have been meeting in various fora for the last 6-12 months to develop the thinking, the relationships, the priorities and ways of working together. This is an evolving process and more needs to be done to cement the progress made and to deliver tangible differences. The Eastern Locality Local Care Partnership has set the following priorities:

- Urgent Care
- Community services
- Mental Health including the community mental health framework
- **Prevention**
- Planned Care

The initial focus for the LCP is on three key prevention themes: **loneliness/ social isolation, unpaid carers and children's and young people mental health.** These three issues have been identified based on the public health data relevant to the geography and the emerging priorities from the community conversations that

have taken place over the last few years. As well as seeking to making a difference on these issues through practical and focused action, the added benefit is to develop a way of working that is undertaken in partnership across the statutory and voluntary sector. Working together at this level also has the benefit of ensuring that decisions are devolved to the most appropriate level.

“A Good Place” Conference

During 2021, the Eastern Locality LCP has begun to develop its partnership to connect people and services to work together at Place level¹. To further deepen and strengthen the collaboration, the LCP partners held an inaugural conference on the 26 November, 2021. The conference sought to :

- Provide an opportunity for key stakeholders in Devon's eastern local care partnership to develop plans to connect people and services in ways that enable people in the area to live healthy and happier lives
- Identify ways to build on, support and strengthen the power of community and people to make a real and lasting difference
- Help build mutual understanding on the critical issues we face in this part of Devon
- Identify the opportunities and work together to co-produce the plans at place level that will define and shape an agreed way ahead that is owned by everyone.
- Consider how partners work together differently to seize the opportunity to recast the way that the health and care system operates at place

¹ the NHS/LG refer to “Place” as being an area of a population of between 250-500,000

- Develop a shared common cause based on an agreed vision and an initial road map to take forward identified key prevention priorities.

Over 100 people attended from across the statutory and voluntary sectors and, throughout the day, there were some positive, engaged and sometimes challenging discussions that demonstrated the strength and depth of the VCSE community and set a positive tone for the new partnership and momentum for the ongoing collaboration. There was recognition that the conference was a way of developing and cementing relationships but that the important work needed to happen following the conference using the good will and momentum generated on the day.

Session outcomes and next steps

Several issues were identified:

- Engagement with the VCSE is patchy across the Eastern locality so renewed efforts to be taken to reach more communities and improved representation on the Eastern Locality Forum (ELF). Views from the VCSE community will be sought on how this can be best achieved. The existing way of working with the VCSE community will be formalised.
- There needs to be a strategy outlining how to increase political engagement with councillors and MPS.
- More funding and support is needed for the VCSE sector building on what already works. There is not a straightforward answer but some funding together with other support

(training; insurance; access to premises; governance; expertise on grant funding etc) may go a long way in supporting the partnership. A task and finish group to be established.

- Break out groups on the prevention priorities: attendees discussed the three prevention priorities and the initial feedback from the independent facilitators showed there was lively and engaged conversations, and all demonstrated a strong commitment to working together. Following the Conference there is agreement to establish virtual networks on all three issues to coproduce plans. These virtual online networks will be facilitated by VCSE and statutory sector colleagues.
- Next Conference: It has been agreed that a follow up Conference looking at progress and on developing a joint vision will take place in May 2022.

Evaluation

A survey monkey is underway and has not yet been concluded but some of the interim comments include:

- There should be better representation from across the locality
- More opportunity for VCSE groups to ask questions, collaborate and co-produce
- More time spent on what next/forward looking
- Perhaps a little shorter as it was via media as opposed to a live event
- Break-outs too long
- Next one to be in person

Resources

- 'Main stage' conference videos can be found [here](#)
- Useful Links/resources:

Contact details and websites

Session	Speaker	Contact details/Website
Welcome	Tim Golby, Devon County Council/NHS Devon Clinical Commissioning Group	<u>tim.golby@devon.gov.uk</u>
Opening plenary: This is Us Highlight the significant contribution and importance of the VCSE sector in E Devon/Exeter	Darin Halifax, NHS Devon Clinical Commissioning Group	<u>darin.halifax@nhs.net</u>
Showcase - our strengths and assets 1	Rachel Johnstone and Fay Valentine - Admiral Nurses (Honiton)	<u>rachyjohnstone@icloud.com</u> <u>fay.valentine@nhs.net</u> <u>https://www.dementiauk.org</u>
Creating a vibrant partnership	Suzanne Tracey, Royal Devon & Exeter NHS Foundation Trust and Jane Milligan, Devon Integrated Care System ()	<u>jane.milligan@nhs.net</u> <u>suzanne.tracey@nhs.net</u>

Break and virtual market place 1	1. Sharon Thorne (TRIP) – covid response 2. Wellmoor – digital inclusion Richard Foxwell 3. Andy Wood – Devon Carers 4. Imagine If Partnership - Kevin Feaviour on IBelieve	<u>sharon.thorne@tripcta.org</u> <u>https://www.tripcta.org</u> <u>richard.foxwell@btinternet.com</u> <u>https://www.wellmoor.org.uk</u> <u>andyhood2@gmail.com</u> <u>https://devoncarers.org.uk</u> <u>https://www.sidmouthhospiscare.org.uk/</u> <u>kevin.feaviour@imagineif.net</u> <u>https://www.coastalpcn.com/imagine-if</u>
Showcase - our strengths and assets 2	Sarah-Lou Glover - CAMHS Key worker / Parental minds/ Mental Health network	<u>parentplus@parentalminds.org.uk</u> <u>https://www.parentalminds.org.uk</u>
This is us 2: Devon dataset and community insights	Barry Coakley, GP at Claremont Medical Practice Simon Chant Public Health Devon	<u>barry.coakley@nhs.net</u> <u>simon.chant@devon.gov.uk</u>
Showcase - our strengths and assets 3	Exeter wellbeing – community connectors (Eleanor Tomlinson)	<u>eleanor@devoncf.com</u> <u>https://www.wellbeingexeter.co.uk/</u>

Breakout session overview Brief introduction and signposting to sessions	Barry Coakley, GP at Claremont Medical Practice	<u>barry.coakley@nhs.net</u>
a) Loneliness	Roland Harwood, ?	<u>roland.harwood@weareliminal.co</u>
b) Children and Young People's mental health	Helen Denny, ?	<u>hello@not9to5.co.uk</u>
c) Support for Unpaid Carers	Lucy Gower, ?	<u>lucy@lucidity.org.uk</u>

Links delegates shared:

Wigan case study

https://www.kingsfund.org.uk/publications/wigan-deal?gclid=EAlaIQobChMIjsy1gOi19AIVBeztCh0cAg-TEAAYASAAEgKRz_D_BwE

Children and Young People's Mental Health

In terms of digestible evidence of 'What Works' in terms of interventions the Early Intervention Foundation is well worth a look, lots of evidence reviews: <https://www.eif.org.uk/what-its-about/mental-health-wellbeing>

Food poverty is an issue for some young people <https://www.devonfoodpartnership.org.uk>

Loneliness

Example of a resource in another area <https://www.weareeveryone.org>
Recruitment: <https://www.proudtocaredevon.org.uk/>
<https://togetherall.com/en-gb/>

Unpaid carers

<https://devoncarers.org.uk>

For more information please contact the astern Locality team at: d-ccg.northandeastlocality@nhs.net